



Shoreham  
College

# Lunch Menu

Lent Term

19th - 23rd January 2026



Shoreham  
College

	Monday	Tuesday	Wednesday	Thursday	Friday
<b>Main 1</b>	Fajita Chicken Pasta Bake	Teriyaki Beef	Sausage Goulash	Beef Lasagne	Tandoori Chicken Corn Tortillas
<b>Main 2</b>	Aubergine & Butterbean Harissa Pasta Bake	Teriyaki Plant Based Beef	Mixed Bean Goulash	Plant Based Mince Lasagne	Tandoori Tempeh Corn Tortillas
<b>On the Side</b>	Garden Peas Natchos	Jasmine Rice Braised Cabbage	Buttered Baby Potatoes Roasted Cauliflower	Mixed Vegetables Garlic Slice	Rice Steamed Broccoli
<b>Soup of the day</b>	Carrot & Corriandier Soup served with a bread roll or toppings	Leek & Potato Soup served with a bread roll or toppings	Butternut Squash & Coconut Soup served with a bread roll or toppings	Sweet Potato & Chilli Soup served with a bread roll or toppings	Tomato & Mascarpone Soup served with a bread roll or toppings
<b>Pasta and Jacket Potato Bar</b>	Baked Potatoes with Baked Beans	Baked Potatoes with Baked Beans	Baked Potatoes with Baked Beans	Baked Potatoes with Baked Beans	Baked Potatoes with Baked Beans
	Pasta with Fresh Tomato or Green Pesto Sauce	Pasta with Fresh Tomato or Bacon Carbonara Sauce	Pasta with Fresh Tomato Cajun Sausage Pasta Sauce	Pasta with Fresh Tomato or Red Pesto Sauce	Pasta with Fresh Tomato or Marinara Sauce
<b>Salad Bar</b>	Pick and Mix from a daily selection of salad, protein items and dressings.				
<b>Something Sweet</b>	Fresh Fruit Fruit Pots Smoothies	Fresh Fruit Fruit Pots Smoothies	Fresh Fruit Fruit Pots Smoothies	Fresh Fruit Fruit Pots Smoothies	Fresh Fruit Fruit Pots Smoothies
	Apple & Cranberry Pie & Custard	Chocolate Coconut Flapjack	Lemon Crumble Bars	Chocolate Sponge & Chocolate Sauce	Melting Moments

Pupils are allowed to select their main meal from bar one, two or three or from the extensive salad bar and have a choice from daily dessert, fresh fruit, fruit pots and yoghurt. It is the policy of Shoreham College that no nuts be used in any food prepared on site. There may, however, be traces of nuts in some of the items that we buy from our suppliers.

