



Shoreham  
College

# Lunch Menu

Lent Term  
16th-20th March 2026



Shoreham  
College

	Monday	Tuesday	Wednesday	Thursday	Friday
<b>Main 1</b>	Beef Ragu	Chicken Satay	Bravas Sausage Traybake	Roast Turkey & Onion Gravy	Chunky Beef Goulash
<b>Main 2</b>	Sun-dried Tomato & Mushroom Ragu	Butter bean & Vegan Chicken Satay	Vegan Bravas Sausage Traybake	Vegan Loaf & Onion Gravy	Three Bean Goulash
<b>On the Side</b>	Green Beans Garlic Slice	Steamed Rice with Spring Onion Peas	Cauliflower & Broccoli	Roast Potatoes Roasted Root Vegetables Yorkshire Pudding	Baby Potatoes Steamed Carrots
<b>Soup of the day</b>	Cream Of Tomato Soup served with a bread roll or toppings	Miso Leek & Potato Soup served with a bread roll or toppings	Butternut Squash Soup served with a bread roll or toppings	Vegetable Soup served with a bread roll or toppings	Sweet Potato Soup served with a bread roll or toppings
<b>Pasta and Jacket Potato Bar</b>	Baked Potatoes with Baked Beans	Baked Potatoes with Baked Beans	Baked Potatoes with Baked Beans	Baked Potatoes with Baked Beans	Baked Potatoes with Baked Beans
	Pasta with Fresh Tomato or Green Pesto Sauce	Pasta with Fresh Tomato or Ham Carbonara Sauce	Pasta with Fresh Tomato or Arrabbiata Sauce	Pasta with Fresh Tomato or Red Pesto Sauce	Pasta with Fresh Tomato or Mushroom Sauce
<b>Salad Bar</b>	Pick and Mix from a daily selection of salad, protein items and dressings.				
<b>Something Sweet</b>	Fresh Fruit Fruit Pots Smoothies	Fresh Fruit Fruit Pots Smoothies	Fresh Fruit Fruit Pots Smoothies	Fresh Fruit Fruit Pots Smoothies	Fresh Fruit Fruit Pots Smoothies
	Fudge Slice	Sticky Toffee Pudding & Custard	Chocolate & Vanilla Cheesecake	Caramel Apple Bars	Oaties

Pupils are allowed to select their main meal from bar one, two or three or from the extensive salad bar and have a choice from daily dessert, fresh fruit, fruit pots and yoghurt. It is the policy of Shoreham College that no nuts be used in any food prepared on site. There may, however, be traces of nuts in some of the items that we buy from our suppliers.

